



Fields of Gold

2022 VOLUNTEER HANDBOOK



Event Overview

Backroads is the newest edition to WA's cycling calendar of events, bringing the discipline of gravel bike racing to the Midwest.

As a sport, gravel bike racing is a relatively new discipline and is one that has been gaining momentum worldwide. Although it has made its way to WA, there aren't many event opportunities for you gravel enthusiasts to enjoy and that's why Backroads has been developed.

Modern gravel racing has cycling returning to its origins where it started over a century ago when the pioneers of the sport did all of their racing on gravel surfaces. Everything old becomes new again.

Located in the Shire of Chapman Valley, Backroads offers you an event experience like no other. It provides an opportunity for riders to take the backroads, not the main roads and gives access to a network of roads you otherwise wouldn't experience.

Event Distances and Times

Saturday 20th August 2022

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| 1. 100 mile (160km) Big Canola | 08:00am |
| 2. 100km Fields of Gold | 09:00am |
| 3. 60km Lupin Loop | 09:30am |
| 4. 20km Farmroad Flyer | 10:00am |
| 5. 10km Gravel Groms | 10:15am |
| 6. First Finisher 10km Gravel Groms | 10:45am |
| 7. First Finisher 20km Farmroad Flyer | 10:55am |
| 8. First Finisher 60km Lupin Loop | 11:20am |
| 9. First Finisher 100km Fields of Gold | 1:30pm |
| 10. First Finisher 160km Big Canola | 2:00pm |

Participants

2022 is the inaugural Backroads event so we don't have any previous history to go on, we are anticipating between 250 and 300 riders will take part in the event. Early indications show that the most popular distance is the longest ride, The Big Canola – 160km.

Some participants have travelled from outside of the region to take part in this event. Others have joined us from the Mid West. Both groups are equally important as the event aims to attract tourism and economic impact for the region, but also have a positive impact on health and wellbeing amongst local residents.

Volunteer Roles

Firstly, and most importantly the golden rule of volunteering at Backroads is to have fun, enjoy the day, engage with participants and other volunteers so we all have a memorable experience.

Registration

Riders collect their assigned race numbers from registration prior to the race. Participants will present an E ticket, usually on their phones, which will have their race details and the race number they have been assigned.

Registration and pack collection will be held at two times slots.

- Friday 19th August 2022, 3:30pm to 5:00pm at Geraldton Bikes, 164 Chapman Rd, Beresford.
- Saturday 20th August 2022, 7:00am to 10:00am, Nabawa Community Hall, Nabawa.

Each rider will also be given a voucher from Koda Nutrition for an energy gel. The voucher can be redeemed at the Geraldton Bikes stand on event day.

If participants have pre purchased event merchandise, they will collect it from Registration. All pre-purchased merchandise will be pre-packed and labelled with the purchasers information.

Participants may have general event enquiries. All information will be in the Athlete Information Guide (AIG) to be released the week of the event.

Aid Station Attendees

There are three aid stations located on course where participants can replenish their hydration and food needs. For hydration, riders will carry either drink bottles, or a hydration pack that they will fill up with water or the electrolyte sports drink.

Event staff will deliver all the aid station equipment and provisions to the aid station position. The hydration will be delivered in 60L bins. They'll be marked **water** and **KODA** (electrolyte). There will also be jugs to fill participants bottles or hydration packs with. Food hygiene is an absolute priority when handling the hydration products. Always fill with the jugs, don't permit participants to immerse their bottles in the water to fill them. When handling either the fluid or food products, always wear the gloves provided.

For sports nutrition, the event will provide a number of options including bananas, sports carbohydrate gels and potentially other goodies!

Waste bins are provided at each station to dispose of any litter. Riders are instructed that they can only discard rubbish at the aid stations.

Course Marshals

Course marshals will be located at key points along the course to direct riders to ensure they stay on the correct course.

Riders are assisted with a comprehensive directional signage plan along the route that indicate the course the riders need to adhere to. These signs will be installed by The Event Team in the days prior to the event.

Once the tail end vehicle reaches a marshal point, they will instruct the marshal that they are free to leave that position and return to the event site.

Finish line marshals

Finish line marshals are positioned at the athlete recovery area on Nabawa Football Oval.

The duties performed by the Finish line marshals include handing out finisher medals to all participants as they complete their rides, handing out food and beverage in the recovery area and assisting with medal presentations at the awards ceremonies.

Location

Please use the link below to access a course map with all volunteer locations pinned. Click on the pins to identify the exact location of your nominated role. This link will take you to Google Maps which will also help in directing you to your location on course and can be used to identify your location in an emergency if required.

<https://www.google.com/maps/d/u/0/edit?mid=1hsXBztWj4BM0AHYWdyWO2QbYICgafJU&usp=sharing>

We also recommend you download the Emergency Plus app to your phone to connect with emergency services directly, even when out of phone range, if required.

Incident Reporting

Incident Response Protocols

Communications will be maintained amongst event crew members throughout the day by a combination of two-way radio and mobile phones. Event Volunteers will not be required to hold radios as they will be managed by event crew. However, a radio will be stationed at each Aid Station for volunteers to use for communications as required. Should there be any incidence of injury during the event, then the following will apply.

On Course Incident

- a. Aid Station / Area Manager advises Event Director (ED – Gemma Dale) the location of the injured competitor/s and nature of incident / emergency.
- b. ED advises Medical Director (MD) and Race Director (RD) that a competitor/s is down, the location on course, the nature of the incident/emergency and if medical attendance or an Ambulance is required.
- c. Medical Director (MD) determines appropriate action and directs personnel accordingly.
- d. If medical attends they are directed on course by either the RD or relevant Area Manager / Course Marshal.
- e. Competitor/s assessed and is either treated on site, taken to medical tent for treatment and/or an ambulance is called for transportation.
- f. MD advises ED of outcome.
- g. ED advises Registration Manager of competitor name and number.
- h. ED informs Race Director (RD) of outcome.
- i. ED advises commentary to make announcement for relative/friend to be advised.

Start/Finish Area or Event Village Incident

- a. Area Director/Marshal to advise the ED that competitor/s require attention.
- b. ED confers with MD on the deployment of medical personnel as may be required and follow normal procedure as above.
- c. Medical personnel to be located in Finish area.
- d. Competitor(s) assessed and either taken to medical tent or hospital.
- e. MD advises ED of outcome.
- f. ED advises Registration Manager of competitor name and number.
- g. ED informs RD of outcome.

- h. ED advises commentary to make announcement for relative/friend to be advised.

Evacuation

In case of emergency requiring evacuation from the venue or any part thereof, the ED and/or Race Director will direct all event crew on the necessary actions to be taken; unless Police are in attendance. In the case where police are in attendance, the senior police officer will provide all directions. Procedure will be as per the Risk Management Plan.

Communications

Radio Network will be Simplex (line of sight) with the following channels –

- Event: All crew – contact first on this channel
- First aid: St Johns – own internal channel
- Course: spare if operations becomes too busy

Two Way Radio protocols

The following radio protocol will be used on Event Day.

Radios are used for event crew and event personnel to communicate effectively during the running of the event.

The following priorities should be noted for radio communications:

1. Incident or Emergency communications, notifications and responses
2. Management of field of play at an event
3. Operations of event

To use a radio, follow the following steps:

- WAIT UNTIL COMMUNICATIONS HAVE CEASED FROM PREVIOUS CREW MEMBERS – NOTE MEDICAL INCIDENTS AND EMERGENCIES TAKE PRIORITY OVER ALL OTHER COMMUNICATIONS
- SAY THE NAME OF THE PERSON YOU WANT TO SPEAK TO
- REPEAT THE NAME
- SAY WHO YOU ARE
- IF NO RESPONSE, TRY AGAIN. IF NO FURTHER RESPONSE MOVE TO MOBILE COMMUNICATIONS

In the event of an incident or emergency, **to call Medical:**

- **Use Radio and call “Medical, Medical... this is...”.**
- Be clear with the information that you have for Medical and all radio users.

- Do not use Radio Communication during key event times, e.g. Start of Race, unless it is an emergency.
- In the event of injury, condition of patients will determine the transport strategy or Ambulance required.

Contact list

All volunteers will be provided with an event lanyard with key event contacts for event day.

Key contacts include:

Volunteer Coordinator	Cathy Hoare	0419 045 860
Event Director / Emergency Contact	Gemma Dale	0409 746 486
Race Director	Dave Budge	0402 279 306
Course Director	Roger Swan	0437 904 688

Thank you!

On behalf of the Local Organising Committee and all the participants of Backroads, we would like to thank you sincerely for assisting us in delivering the inaugural event. It's often said that the volunteers are the lifeblood of events, and we couldn't agree more!